

Common Ocular Diseases

- **Macular Degeneration** is a progressive degenerative disease of the retinal pigment epithelium, which impairs central vision. There are two types: nonexudative/dry (90%) and exudative/wet (10%). Risk factors include increase in age, family history, cigarette smoking, alcohol consumption, hyperopia, light iris color, hypertension, and cardiovascular diseases. Nonexudative is untreatable and needs to be followed closely to watch for changes. Most doctors recommend vitamins for the retina that decrease the progression. Exudative will need retinal surgery.



Macular Degeneration As You See...

